

Greetings, health and blessings to all!

I would like to tell you about a gentleman I have never "met". I don't know what he looks like or where his house sits, or what kind of jam he puts on his scones. What I DO know is that he literally saved my life with his distance healing powers- through no actions of my own.

I have been diagnosed with Bipolar Disorder for 14 miserable years. Up, down, crying, maniacal spending of money, inability to get out of bed to wash my own face for days. The good doctors tried every weapon in their cache to help me stabilize and find a bit of happiness to no avail. You name a psychotropic medication, and I've been on it. I also suffered from paranoia, agoraphobia and general anxiety disorder. I couldn't hold a job or even leave my house. Four times I made serious attempts to end that "life".

Then I met Jon Cassell. Gently he told me of his ability to heal, and to heal from a distance. I was of course skeptical, and didn't pay much attention to his claims. Then I thought, what have I to lose? I was unhappy all the time, full of anxiety and fears and sure no living being could help me- so I told him yes, please try to help me.

It has been three or four months now that Jon has held me in his healing hands. At first the changes were small as there was quite a bit of ingrained damage to repair, especially when dealing with a slippery character like the mind. But one morning, I woke up- hopeful. I smiled as I fed the dogs and looked forward to a day of grueling homework and housework. I can handle this, I thought- a thought I hadn't had in a year.

I am 55 years old. I retired from the United States Navy as an E-7, Chief Petty Officer, and was a submarine welder for 17 years. I'm no starry-eyed fool. The military takes the "touchy-feely" out of you for a survival mechanism. No time for illusions in war zones.

I am now productive, extremely happy to wake up every morning and looking forward to what each day will bring. I feel as if I can tackle anything! I attend 4 universities and carry a 3.8 average. My bills are gone, my home is always clean and I have a smile on my face for complete strangers. Look at me! I'm happy! No more morose moods,

defeatist attitude, mood-swings or rages. I drive wherever I want (though that's still a bit of a problem) but I get out- something I couldn't do before I met Jon.

He "holds" you in his healing hands and although you don't always feel it or know it, you feel and know the aftermath of the session. Some little thing gets.... better. And the little things pile up. And you end up with a healthy, happy woman like me- a true gift from God, a miracle.

That is my story, I hope yours isn't as dire. Even if it is, I highly and without hesitation recommend you to try and let Jon help you. What have you to lose? If you've tried all the doctors like I did and received no relief, please, seek Jon's help. You will not be sorry you suspended your skepticism and gave his healing touch a try.

Lorna SteMarie

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